

WEDNESDAY

- 2:00pm Arrive & Settle In
4:00pm Opening Gathering
(Alan, Debbie, & Evelyn)
"Building Community"
5:30pm Dinner
7:00pm Session #1 (Mark)
"Foundations for High
Trust Relationships"
8:30pm Fellowship & Snack

THURSDAY RETAIL HOURS

Espresso: 7:30-9am 11:30am-1pm 3:30-4:30pm (Closed during meal times)	Gift Store: 8:30-9am 12:30-1pm 3:30-4:30pm
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THURSDAY

- 7:30am Guided Walk
Optional; Meet in Nisqually Lobby
8:00am Breakfast
Sign-ups available in Summit at 8:30
9:00am Session #2
(Alan, Debbie, & Evelyn)
"Staying Fresh & Green"
10:00am Morning Break
10:30am Morning Workshops
12:00pm Lunch
1:00pm Afternoon Workshops
2:30pm Afternoon Break
3:00pm Free Time (See Back)
5:30pm Dinner
7:00pm Session #3 (Alan/Debbie)
"Telling Your Story"
8:30pm Fellowship & Snack

FRIDAY

- 8:00am Guided Walk
Optional; Meet in Nisqually Lobby
9:00am Brunch
10:00am Session #4 (Dawn)
"A Living Sacrament"

THURSDAY WORKSHOPS

Morning:

Growing as a Disciple (Summit)
GRANDparenting (Glacier)
Mentoring: A Legacy Opportunity (Longmire)

Afternoon:

Intro to Crescendo (Summit)
Bonsai & the Tea Garden (Glacier)

FIRST ANNUAL SIXTIES+ RETREAT

WITH PRESENTATIONS BY:

Alan Forsman, Clyde Ohta, Dawn Taloyo,
Debbie Blue, Evelyn Johnson, Mark Novak,
Nancy Carlson, & Sammi McCubbins

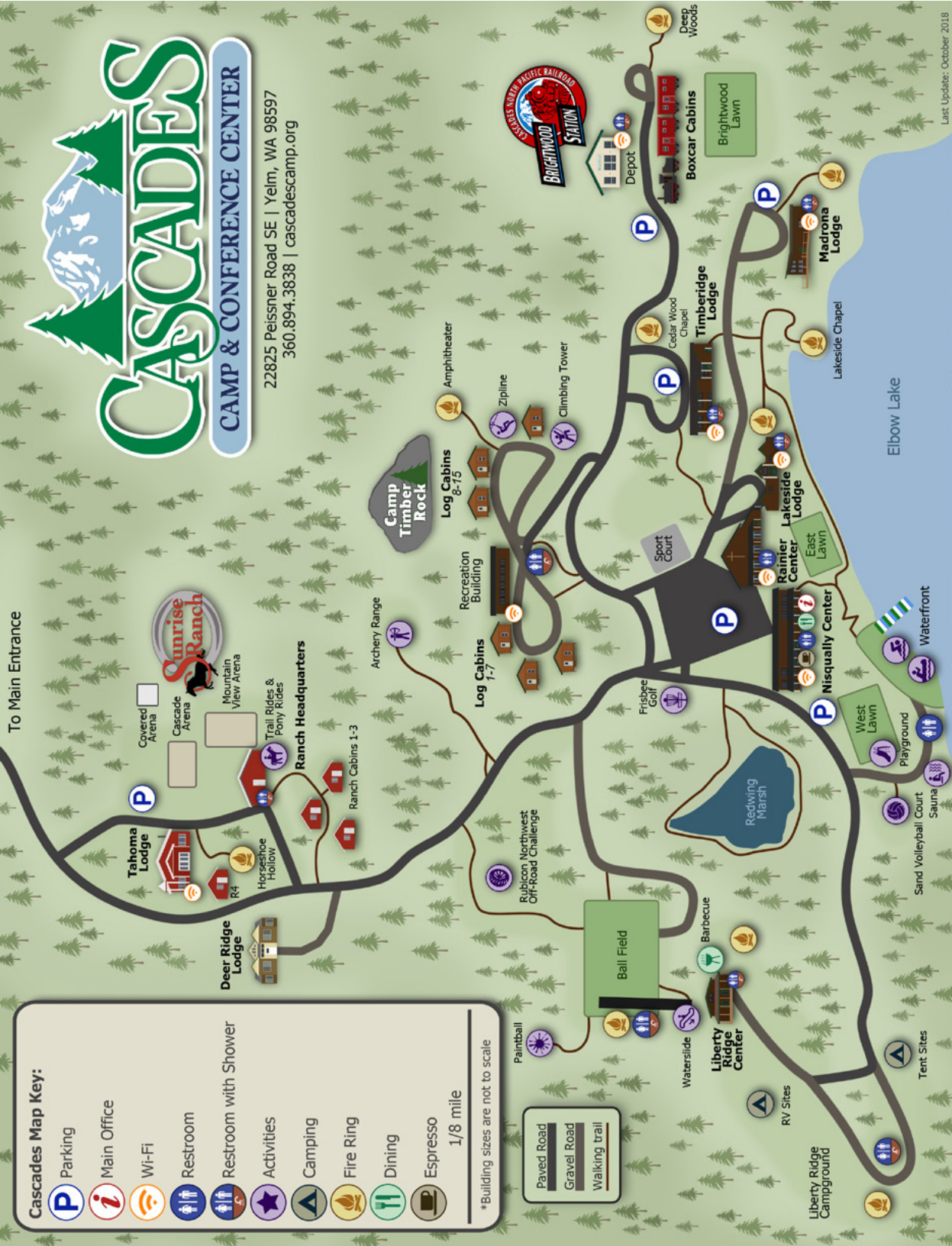
Cascades Map Key:

- Parking
- Main Office
- Wi-Fi
- Restroom
- Restroom with Shower
- Activities
- Camping
- Fire Ring
- Dining
- Espresso

*Building sizes are not to scale

1/8 mile

- Paved Road
- Gravel Road
- Walking trail



CASCADES

CAMP & CONFERENCE CENTER

22825 Peissner Road SE | Yelm, WA 98597
360.894.3838 | cascadescamp.org

Last Update: October 2018

MORE INFORMATION

All meals are served in Nisqually at the listed time. Doors open at meal times.

Please respect quiet hours (10pm-7am).

Life jackets are required for all boating passengers.

Swimming is not available this weekend.

In case of emergency, call 911 first then alert Cascades staff.

We're so glad you're with us! Please let us know if there is anything we can do to improve your stay!

FREE TIME IDEAS

SELF-SERVE:

Walking/Hiking

Boating

Espresso Stand

Disc Golf

Conversation

Devotionals

Sport Court

Games/Puzzles

THURSDAY SPECIALS:

(Sign up on Thursday morning)

Zip Line

3pm | Weather dependent

Spiritual Direction

3pm & 4pm

Cascades History Tour

3pm & 3:30pm | Meet in the Nisqually parking lot